

Olympic Harrier Club – Junior Track and Field Section Registration Form 2008/09

The Olympic Harrier Junior Track and Field Club will meet on Mondays from 5.50pm until 7.00pm. The season starts on Monday 20 October with registration night on Monday 13 October. **Please note:** *We have been advised by Wellington City Council that the grounds may not be ready until the beginning of November so you will need to check Newstalk ZB cancellations or your emails even if the weather is fine.*

If you wish to register your child/children for the 2008/2009 athletic season, please complete the following information and either:

- Bring it to the registration night at Alex Moore Park on Monday 13 October between 5.45pm and 7pm, or
- Post it to the Olympic Harrier Club, PO Box 13-095, Johnsonville, Wellington to be received before Friday 10 October, 2008, or
- Email (or post) the completed form to Gillian Peoples at gillandbill@bandipur.net.nz and pay by internet banking (see details over page).

Past members will be given membership preference. Any queries can be made to Jo Murray 021976116 or 2329409 or by emailing jo@kellysports.co.nz.

Fees are to be paid by cash or cheque if paying on registration night.

PARENTS'/CAREGIVERS' CONTACT DETAILS (please complete all sections thank you)

Name/s: _____

Phone: _____ Mobile: _____

Address: _____

Email: _____

Member/s Name/s <i>First Name then Last Name</i>	Date of Birth <i>i.e. 18.1.98</i>	Age <i>@ 31 Dec 08</i>	Male or Female <i>(M or F)</i>	Age Flash <i>(club to complete)</i>

Name of school/s that your child/ren attend/s: _____

REGISTRATION FEES ARE:

- \$40 one athlete family (5 to 13 years)
 - \$75 two athlete family (5 to 13 years)
 - \$95 three or more athlete family (5 to 13 years)
- Please note we have had to increase our fees this season due to an increase in the amount we have to pay to Athletics NZ.*

CLUB UNIFORM:

- Olympic T-shirts @ \$17 each
 - Race Singlets @ \$40 each (refundable bond)
- If you already have an Olympic t-shirt from last season this can be used again. If you would like a race singlet for the season you can hire this by paying a \$40 refundable bond.

PARENT/CAREGIVER TO COMPLETE:

Club Fee Total: _____

Uniform Fee Total of (complete details below if required): _____

I would like to order the following Olympic Uniform:

- Olympic T-shirts @ \$17 (sizes 6, 8, 10, 12, 14) – please list how many and what size:

- Race Singlets @ \$40 refundable bond (sizes 6, 8, 10, 12) – please list how many and what size:

TOTAL AMOUNT ENCLOSED (CASH OR CHEQUE): _____

Please note: Cheques to be made out Olympic Harriers

Please complete next page

RUNNING CLUB NIGHTS

To run the club and club nights the children need your help. The more volunteers we have the better it is for the kids, the club and those who offer to help out.

The events we will be offering this season are:

- 60m, 100m, 200m, 400m sprints
- 800m, 1500m
- Circuits for athletes aged 9 and older
- Relays
- Discus
- Shot Put
- Vortex
- Long Jump
- High Jump (for those athletes aged 10 and older)

* TRAINING FOR PARENTS – VOLUNTEERS

We are running a training session for parents/volunteers on Sunday 19 October at Alex Moore Park from 2pm to 4pm. This will be run by Amanda Goldsmith, Professional Coach/Trainer. She will demonstrate what you can do with the children on each of the stations, i.e. shot put, discus, long jump, track etc. If you're planning to come to the training you can bring your child/children along too as we will use them for the demonstrations. It's a great chance for them to receive some additional training as well. Please indicate on the form below whether you will be attending this session (see *).

To help club nights run smoothly, can you please indicate below if you are able to assist in any way. I can assist with the running of the club by:

Attending the training session run by Amanda Goldsmith (see details above) on Sunday 19 October from 2pm to 4pm at Alex Moore Park.	
Assisting with running an event on club nights (please circle the event/s you'd prefer): <i>Run Jump Throw, Sprints, High Jump, Long Jump, Shot Put, Discus, Vortex</i>	
Being an age-grade coordinator (please indicate ages in preference of order)	
Helping with the younger age groups (i.e. 5 & 6 year olds). We have a lot of children in this age group and we need more parents to help at each of the stations. It would involve moving around with this group from station to station assisting with the coaching. Most of the time it's just encouraging the kids to give it a go and following the instructions of the volunteer coach who is on each station.	
Helping set up on club night at 5.25pm	
Becoming a committee member	
Helping with track time keeping on the nights this is required	
Starting the track races (start line marshall)	
Helping with measuring on the nights this is required	
In other ways (please state):	

Please note: For those registering 5 and 6 year olds a condition of accepting their enrolment is that a parent or caregiver is able to stay and help with this group throughout the season.

ONCE YOU HAVE COMPLETED THIS FORM PLEASE CHOOSE ONE OPTION BELOW:

Post to the Olympic Harrier Club, PO Box 13-095, Johnsonville, Wellington
To be received before Friday 10 October

Bring it with you to registration night on Monday 13 October between 5.45pm and 7pm
Registration is being held at the Olympic Harrier Clubrooms, Top Field, Alex Moore Park,
Bannister Avenue, Johnsonville

Email (or post) the completed form to gillandbill@bandipur.net.nz and pay by internet banking
Bank details: Olympic Harrier Club Race Account
Account Number (Westpac): 030566-0125857-00

Please include a family name or name of child you are registering when you make this payment and advise what date the payment has been made