



OLYMPIC

DRAFT 2009/10 Junior Track and Field Club Calendar

Venue: Grenada North Park
Jamaica Drive,
Grenada North
Postal: PO Box 13-095,
Johnsonville

www.olympicharriers.org.nz

Correct as at 9 October 2009

O C T O B E R

11 Club Registration Day

Venue: Alex Moore Park
Time: 2.00 to 4.00pm

18 Volunteer Training

Venue: Grenada North Park
Time: 2pm to 3:30pm

Please email

*jo@kellysports.co.nz or phone
2329409 if planning to attend.*

**19 FIRST CLUB NIGHT
CANCELLED DUE TO
WEATHER**

**26 No Club Night
Labour Weekend**

N O V E M B E R

2 First Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

8 1st Interclub Newtown

For: 7 to 15 yr olds inclusive
Venue: Newtown Park
Time: 10am to 1pm

9 Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

**NOTE: Registrations close for
Colgate Games**

16 Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

**22 Lower Hutt Medal Day
(Interclub) tbc**

For: 7 to 15 yr olds inclusive
Venue: Petone Rec Ground
Time: 9.30am to 1pm

23 Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

29 Interclub Paraparaumu

For: 7 to 15 yr olds inclusive
Venue: Paraparaumu Domain
Time: 10am to 1pm

30 Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

D E C E M B E R

Sat 5 Interclub Titahi Bay

For: 7 to 15 yr olds inclusive
Venue: Kura Park, Kura Street,
Titahi Bay
Time: 9.30am to 12pm

6 Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

13 Interclub Featherston

For: 7 to 15 yr olds inclusive
Venue: The Domain
Time: 10am to 1pm

14 Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

22 No Club Night

**27 Colgate Games warm
up meet**

Venue: Petone Rec Ground
Time: 4pm to 5.30pm

J A N U A R Y

**2 Colgate Games warm
up meet**

Venue: Newtown Park
Time: 4pm to 5.30pm

**8-10 North Island Colgate
Games**

Venue: Mt Smart Stadium,
Auckland (7-15 year olds)

**Please Note: Registrations for
Colgate Games close 10
November**

**15-17 South Island Colgate
Games**

Venue: Timaru (7 to 15 year olds)

**25 Reserve Day for Lower
Hutt Medal Day**

Venue: Petone Rec Ground,
Time: 9.30am to 1pm (Wgtn
Anniversary Day)

**25 No Club Night
(Wellington Anniversary)**

F E B R U A R Y

1 No Club Night

**6 Ribbon Day
Paraparaumu**

For: 7 to 15 yr olds inclusive
Venue: Paraparaumu Domain
Time: 9.30am to 1pm *Waitangi Day*

8 Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

**14 Interclub Newtown
Park**

For: 7 to 15 yr olds inclusive
Venue: Newtown Park, Newtown
Time: 10am to 1pm

**15 Club Night (Club
Champs)**

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

Wellington Champs Entries Due

**22 Club Night (Club
Champs)**

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

28 Interclub Mana

For: 7 to 15 yr olds inclusive
Venue: Adventure Park, Whitby
Time: 10am to 1pm

M A R C H

**1 Club Night (Reserve for
Club Champs)**

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

7 WELLINGTON CHAMPS

Venue: Newtown Park
Time: 9.00am start. Start and
finish times for athletes will vary
depending on events entered.

8 Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

14 WELLINGTON CHAMPS

Venue: Newtown Park
Time: 9.00am start. Start and finish times for athletes will vary depending on events entered.

15 Final Club Night

Venue: Grenada North Park
Time: 5.50pm to 7.00pm

24 Club Prizegiving (date tbc)

Venue: West Park School, Johnsonville
Time: 6pm to 7.15pm

CLUB COACHING

Subs cover coaching and activities on Monday club nights and participation in all interclubs. Interclubs are open to registered club athletes aged from 7 to 15 years of age.

ALASTAIR LESLIE – COACHING

If you are aged 10 and older and would like **specialist running training with Alastair Leslie** on Tuesdays and Thursdays there is a separate membership form for this. Trainings will be held as follows:

Tuesday @ Tawa College:

10 to 12 year olds: 4.20pm to 5.15pm
13 years & older: 5pm to 6pm

Thurs @ Grenada or Tawa College (venue tbc each week)

10 years and older, 4.30pm to 5.15pm

Email Jo Murray for a separate membership form if you are interested jo@kellysports.co.nz or phone 2329409

AMANDA GOLDSMITH COACHING

Amanda Goldsmith will run additional sessions at 4.30pm on most Monday club nights for any athletes who are thinking about or want to compete at interclubs. She coaches all disciplines including running, jumping and throwing. Contact Jo Murray if

INTER CLUBS

The interclubs are listed on this calendar. These are open to ALL athletes aged from 7 through to 15 years of age. They are usually held on Sundays from 10am till approximately 1.30pm. You don't need to register. Just turn up with your Olympic uniform and your Colgate Age Flash. We will send a programme out the week prior to each interclub. It's a great

family day out. The kids love it. It gives them a chance to make new friends and compete in a friendly environment. Take a picnic and make it a family day out. **Download the interclub programmes from our website www.olympicharriers.org.nz**

WELLINGTON CHAMPS

Wellington Champs are held at the end of the season at Newtown Park for all athletes aged from 7 through to 15 years of age. This year they are on Sunday 7 and Sunday 14 March. This is the only interclub (apart from Colgate Games) where you have to pre register. Entry forms need to be completed and returned to Jo Murray by the 15th of February.

COLGATE GAMES

The North and South Island Colgate Games are held each year in January. This season they are in Auckland and Timaru. Some families organise their holidays around one of these events. They're held over 3 days for 7 to 14 year olds. Again, you need to pre register to take part in either of these events. Registrations due mid November. See Jo Murray if interested.

CANCELLATIONS

- For cancellation of **club nights** please phone our cancellation number 083295590 (calls cost 12 cents) or check our our website www.olympicharriers.org.nz
- For cancellation of **interclubs** please phone a different cancellation number: 083292305 (calls cost 12 cents)

CLUB WEBSITE

www.olympicharriers.org.nz

CLUB CONTACTS

Convenor:

Jo Murray
jo@kellysports.co.nz
Phone: 232 9409
Mobile: 021 976116

Club Captain/Club Coach:

Juan McDonald
Phone: 232 6063
captain@olympicharriers.org.nz

Membership:

Malcolm Standrill
registrar@olympicharriers.org.nz

Treasurer:

Andrew Kells
treasurer@olympicharriers.org.nz
Phone: 232 3899

Communications/Website:

Michael Waterman
website@olympicharriers.org.nz

Uniforms:

Donna McDonald
Phone: 232 6063
jdmcdonald@xtra.co.nz

SUBSCRIPTIONS

(Oct 2009 to March 2010)

One athlete family: \$50

Two athlete family: \$90

Three athlete family: \$120

UNIFORM

If you already have an Olympic t-shirt from last season this can be used again. If you would like a race singlet for the season you can purchase one for \$42

Olympic T-shirts: \$17

Olympic Singlets: \$42

AGE GRADE QUALIFICATION

Age as at 31 December 2009 for all grades, i.e. if a child turns 10 after the 31st of December 2009 they will run in the 9 year group. If they turn 10 before the 31st of December 2009 they will run in the 10 age group. **They stay in the same age group the WHOLE season.**

AGE FLASHES

At registration you will receive an 'age flash' that all athletes MUST wear at club nights and interclubs. This has the number of the age group the children are competing in, i.e. 5, 6, 7, 8 etc.