



# DRAFT 2012/2013 Junior Track and Field Club Calendar

**Venue:** Grenada North Park  
Jamaica Drive,  
Grenada North  
**Postal:** PO Box 13-095,  
Johnsonville

[www.olympicharriers.org.nz](http://www.olympicharriers.org.nz)

Correct as at 7 November 2012

## S E P T E M B E R

**Sun 16: Club Registration Day**  
Venue: **Alex Moore Park**  
Time: 2.00pm to 4.00pm

## O C T O B E R

**Sun 28 Volunteer Training**  
for parents who want to help during the season. We need as many of you as possible!  
Venue: Grenada North Park  
Time: 2pm to 3:30pm  
*Please email [jo@kellysports.co.nz](mailto:jo@kellysports.co.nz) or text 021976116 if planning to attend.*

**Mon 29 Pick up Uniforms**  
Venue: Grenada North Park  
Time: 4.15pm to 5.00pm  
Alternatively pick up on first club night on Monday 5 November. We would prefer as many as possible to pick up on the 29<sup>th</sup> of October.

## N O V E M B E R

**Sun 04 1<sup>st</sup> Interclub, Whitby**  
**HOSTED BY OLYMPIC WGTN**  
For: 7 to 14 yr olds inclusive  
Venue: Adventure Park Whitby  
Time: 10am to 1pm  
*We need as many of our athletes competing plus parents helping on the BBQ etc since we're hosting!*

**Mon 05 First Club Night**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm  
*Please note: check cancellation number 083295590 or website each club night as there is always the chance the grounds will be closed by the council, even if it's fine.*

**09 Colgate Registrations Close**  
**NOTE: Registrations close for Colgate Games 9 November.**  
**Send to Jo Murray, PO Box 51377, Tawa, Wellington**

**12 Club Night**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**18 2<sup>rd</sup> Interclub Lower Hutt**  
For: 7 to 14 yr olds inclusive  
Venue: Hutt Recreation Ground  
Time: 10am to 1pm

**19 Club Night**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**26 Club Night**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

## D E C E M B E R

**Sat 01 3<sup>rd</sup> Interclub Titahi Bay**  
For: 7 to 14 yr olds inclusive  
Venue: Kura Park, Kura Street, Titahi Bay  
Time: 9.30am to 12.30pm

**03 Club Night**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**10 Club Night**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**16 4<sup>th</sup> Interclub Paraparaumu**  
For: 7 to 14 yr olds inclusive  
Venue: The Domain, Paraparaumu  
Time: 10.00am to 12.30pm

**17 Last Club Night till 2012**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**29 Colgate Games warm up**  
Venue: Newtown Park tbc  
Time: 4pm to 5.30pm tbc

## J A N U A R Y

**4-6 North Island Colgate Games**  
Venue: Inglewood (7-14 year olds)

**Please Note: Registrations for Colgate Games close 9 November**

**11-13 South Island Colgate Games**  
Venue: Invercargill (7-14 year olds)

**21 No Club Night**  
(Wellington Anniversary)

**28 No Club Night**

## F E B R U A R Y

**04 Club Night**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**06 Junior Ribbon Day Paraparaumu** (5<sup>th</sup> Interclub)  
For: 7 to 14 yr olds inclusive  
Venue: Paraparaumu Domain  
Time: 9.30am-1.30pm *Waitangi Day*

**11 Club Night**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**Wellington Champs Entries due 11 Feb.**  
**If you don't pre enter you can't compete in the Wellington Champs.**

**17 7<sup>th</sup> Interclub Newtown**  
For: 7 to 14 yr olds inclusive  
Venue: Newtown Park  
Time: 10am to 1pm

**18 Club Night (Club Champs)**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**24 8<sup>th</sup> Interclub Newtown**  
For: 7 to 14 yr olds inclusive  
Venue: Newtown Park  
Time: 10am to 1pm

**25 Club Night (Club Champs)**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

## M A R C H

**03 Lower Hutt Medal Day** (6<sup>th</sup> interclub)  
For: 7 to 14 yr olds inclusive  
Venue: Hutt Recreation Ground  
Time: 9.30am to 1pm

**04 Club Night (Reserve Day for Club Champs)**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**10 WELLINGTON CHAMPS**  
Venue: Newtown Park (Day 1)  
Time: 9.00am start. Start and finish times for athletes will vary depending on events entered.

**11 Final Club Night**  
Venue: Grenada North Park  
Time: 5.30pm to 6.45pm

**See over page for more info**

## 17 WELLINGTON CHAMPS

Venue: Newtown Park (Day 2)

Time: 9.00am start. Start and finish times for athletes will vary depending on events entered.

## 25 Club Prizegiving

Venue: St Francis Xavier School,  
Main Road, Tawa

Time: 6pm to 7.15pm

### CLUB COACHING

Subs cover coaching and activities on Monday club nights and participation in all interclubs. Interclubs are open to registered club athletes aged from 7 to 14 years of age. There will be additional coaching available for those athletes who are competing at interclubs and the Colgate Games.

### MIDDLE DISTANCE COACHING

If you are aged 10 and older and would like **specialist running training with Juan McDonald (10 to 13s) Alastair Leslie (13 and older)** on Tuesdays and Thursdays there is a separate membership form for this.

Trainings will be held as follows:

#### Tuesday @ Tawa College:

**10 to 13 year olds with Juan:**

4.30pm to 5.00pm

#### **13 years and older Group 1**

4.50pm to 5.30pm (Juan & Alastair)

#### **13 years and older Group 2**

5.30pm to 6.15pm (Alastair)

#### Thurs @ Grenada North

4.00pm to 4.45pm (Juan and Alastair)

Email Jo Murray for a separate membership form if you are interested [jo@kellysports.co.nz](mailto:jo@kellysports.co.nz) or phone 2329409 or 021 976116

### INTERCLUBS

The interclubs are listed on this calendar. These are open to ALL athletes aged from 7 through to 14 years of age. They are usually held on Sundays from 10am till approximately 1.30pm (except for the Titahi Bay one which is on a Saturday). You don't need to register. Just turn up with your Olympic uniform and your Colgate Age Flash. Each athlete competing earns individual points and club points. At the end of the season they have an award for the individual in each age group

with the most points, and the club with the most points. Olympic won this trophy last year.

We will send a programme out the week prior to each interclub. It's a great family day out. The kids love it. It gives them a chance to make new friends and compete in a friendly environment. Take a picnic and make it a family day out.

**Download the interclub programmes from our website [www.olympicharriers.org.nz](http://www.olympicharriers.org.nz)**

### WELLINGTON CHAMPS

Wellington Champs are held at the end of the season at Newtown Park for all athletes aged from 7 through to 14 years of age. This year they are on Sunday 10 and Sunday 17 March. This is the only interclub (apart from Colgate Games) where you have to pre register. Entry forms need to be completed and returned to Jo Murray by the 11<sup>th</sup> of February.

### COLGATE GAMES

The North and South Island Colgate Games are held each year in January. This season they are in Inglewood and Invercargill. Some families organise their holidays around one of these events. They're held over 3 days for 7 to 14 year olds. Again, you need to pre register to take part in either of these events. Registrations due mid November. See Jo Murray if interested. You will need to organise your accommodation NOW for this as it's often booked out.

### CANCELLATIONS

- For cancellation of **club nights and interclubs** please phone our cancellation number 083295590 (calls cost 12 cents) or check our website:  
**[www.olympicharriers.org.nz](http://www.olympicharriers.org.nz)**

### CLUB WEBSITE

**[www.olympicharriers.org.nz](http://www.olympicharriers.org.nz)**

### SUBSCRIPTIONS

**(Oct 2012 to March 2013)**

**One athlete family: \$65**

**Two athlete family: \$120**

**Three athlete family: \$160**

### CLUB CONTACTS

#### Convenor:

Jo Murray

[jo@kellysports.co.nz](mailto:jo@kellysports.co.nz)

Phone: 232 9409

Mobile: 021 976116

#### Club Captain/Coach:

**Juan McDonald**

Phone: 232 6063

[captain@olympicharriers.org.nz](mailto:captain@olympicharriers.org.nz)

#### Membership:

Malcolm Standrill

[registrar@olympicharriers.org.nz](mailto:registrar@olympicharriers.org.nz)

#### Treasurer:

Denise Pilcher

[treasurer@olympicharriers.org.nz](mailto:treasurer@olympicharriers.org.nz)

#### Communications/Website:

Michael Waterman

[website@olympicharriers.org.nz](mailto:website@olympicharriers.org.nz)

#### Uniforms:

Sarah Harris and Rama Smith

[greenlimes1@clear.net.nz](mailto:greenlimes1@clear.net.nz)

### UNIFORM

If you already have an Olympic t-shirt from last season this can be used again. If you would like a race singlet or a Dri Gear t-shirt for the season please see below:

**Olympic Singlets: \$42**

**Olympic Dri Gear Ts: \$30**

**Olympic Hoodie: \$55**

*There will be some second hand uniforms for sale at registration day. If you would like to sell a uniform please contact Sarah Harris ([greenlimes1@clear.net.nz](mailto:greenlimes1@clear.net.nz))*

### AGE FLASHES

At registration or on the first club night you will receive an 'age flash' that all athletes MUST wear at club nights and interclubs.

This has the number of the age group the children are competing in, i.e. 5, 6, 7, 8 etc.

### AGE GRADE QUALIFICATION

Age as at 31 December 2012 for all grades, i.e. if a child turns 10 after the 31<sup>st</sup> of December 2012 they will run in the 9 year group. If they turn 10 before the 31<sup>st</sup> of December 2012 they will run in the 10 age group. **They stay in the same age group the WHOLE season.**