

THE OLYMPIC CLUB of WELLINGTON (Inc)

PROUDLY PRESENTS

THE

## 2006 SHAW BATON RELAYS

SATURDAY 6 MAY 2006

**VENUE:** Battle Hill Farm Park – Pauatahanui/Paekakariki Hill Rd,  
Porirua, WELLINGTON.  
(6km north of Pauatahanui General Store).

**DISTANCE:** 2km laps - cross-country

**COURSE:** grass, gravel tracks, mostly flat to undulating with one sharp uphill & downhill. Log jumps and water jump. Course marked with Red & White flags. Go through 'gate' when 2 set together or up to 5metres either side if set alone. Failing to follow correct course may result in disqualification

**RACE TIMES:**

|               |                     |                            |             |
|---------------|---------------------|----------------------------|-------------|
| <b>1:00pm</b> | Senior Women        | W20 – 34.                  | ) 4 Runners |
|               | Masters Women       | W35 +                      | ) per       |
|               | Junior Women        | G15 & 16, W17, 18 & 19     | ) Team      |
|               | Boys, Girls & Mixed | B & G10, 11, 12, 13 & 14 ) |             |
| <b>1:50pm</b> | B & G 9 and Under   | 1km Fun Run - Mass Start   |             |
| <b>2:00pm</b> | Senior Men          | M20 - 39                   | ) 6 Runners |
|               | Masters Men         | M40 +                      | ) per       |
|               | Junior Men          | B15 & 16, M17, 18 & 19     | ) Team      |

**PLEASE NOTE:** Age is taken as your age as at 31 December 2006, OR in the case of Masters, age on the day of the event.

### COME AND TRY CROSS COUNTRY RUNNING

The Relays are open to teams from Business/Corporates, Schools, Colleges and Recreation Runners who are welcome to enter in age/gender grades as above. Mixed Business/Corporate teams run in the 2.pm race with 4 per team.

**ENTRY FEES:**

|  |          |                  |
|--|----------|------------------|
| Senior Women, Masters Women, Jnr Women | Club     | \$28.00 per team |
|  | Non-club | \$32.00 per team |
| Boys/Girls/Mixed                       | Club     | \$14.00 per team |
|  | Non-club | \$18.00 per team |
| Senior Men, Masters Men, Junior Men    | Club     | \$42.00 per team |
|  | Non-club | \$50.00 per team |

#### ENTRY PROTOCOLS – RACE RULES:

1. Email team entry details (see page 3), or post to Race Director, 39 Roseneath Tce, Wellington, to arrive by 5pm Tuesday 2 May 2006.  
Athletics Wellington Clubs will be invoiced for entry fees after the event.  
Clubs outside the Athletics Wellington Centre, Business and School Teams, please pay entry fees on the day.  
Make cheques out to: Olympic Harriers,  
**PLEASE complete all sections of entry form.**

2. Confirm entry details (**any changes OR not**) at Race HQ Caravan at least 15minutes before relevant race start time and collect Team Recording Sheets.(1 per team)

Provide: Club Name, Team, Grade & Team Number and Runners' Full Names in lap order.

3. **PLEASE USE THE TEAM RECORDING SHEET PROVIDED BY THE RACE HOST.**
4. **Club teams** wear race letter/numbers as allocated by Athletics Wellington, Cross-Country & Road Committee, on front of singlet. Visiting teams please indicate race number to be used on the entry form.
5. **Non-club teams** will be allocated letters &/or numbers for respective teams. Contact person will be informed by Thursday 4 May 2006.
6. **No runner may run more than one lap** for any A &/or B team across all grades and races.
7. Next lap runners **must enter** the start line from the **side access, NOT VIA FINISH SHUTE** where runners are finishing.
8. Hand in team sheet with actual running order and self-taken times, to Race HQ Caravan immediately after your last runner finishes. Remember Full Names please.
9. First Aid available.
10. Toilets available, no changing facilities, come prepared.
11. **ABSOLUTELY NO DOGS ARE PERMITTED AT BATTLE HILL FARM PARK**
12. Results will be posted on the Olympic Harrier Club website at [www.olympicharriers.org.nz](http://www.olympicharriers.org.nz)
13. Winning Team Members- please remain for prize-giving which will be immediately after the Second race.
14. Trophies: Shaw Baton Trophies for;

|              |               |              |
|--------------|---------------|--------------|
| Senior Men   | Masters Men   | Junior Men   |
| Senior Women | Masters Women | Junior Women |

Miniature batons for winning team athletes

Certificates for B/G/Mixed 14 and Under teams

**Murray McGaughran**  
Race Director  
(04) 384-8762  
(027) 244-9422

email: [murvic@clear.net.nz](mailto:murvic@clear.net.nz)

## 2006 SHAW BATON RELAYS

### ENTRY FORM

Club/Team ..... Contact Name: ..... Tel: .....  
 (one contact per club/school/business) Duplicate this form for more entries.

|                 |                                   |   |                    |
|-----------------|-----------------------------------|---|--------------------|
| <b>Team:</b>    | WHAC A, Scot B, etc<br>.....      | <b>Grade</b> Senior Men, Junior Women, etc<br>..... | <b>Race #</b><br>o |
| Circle one<br>θ | <b>CLUB</b>                       | <b>RECREATION</b>                                   |                    |
| <b>Lap</b>      | <b>First Name (Print clearly)</b> | <b>Last Name</b>                                    | <b>Age</b>         |
| <b>1</b>        |                                   |   |                    |
| <b>2</b>        |                                   |   |                    |
| <b>3</b>        |                                   |   |                    |
| <b>4</b>        |                                   |   |                    |
| <b>5</b>        |                                   |   |                    |
| <b>6</b>        |                                   |   |                    |

|                 |                                   |                        |                    |
|-----------------|-----------------------------------|------------------------|--------------------|
| <b>Team:</b>    | .....                             | <b>Grade:</b><br>..... | <b>Race #</b><br>o |
| Circle one<br>θ | <b>CLUB</b>                       | <b>RECREATION</b>      |                    |
| <b>Lap</b>      | <b>First Name (Print clearly)</b> | <b>Last Name</b>       | <b>Age</b>         |
| <b>1</b>        |                                   |                        |                    |
| <b>2</b>        |                                   |                        |                    |
| <b>3</b>        |                                   |                        |                    |
| <b>4</b>        |                                   |                        |                    |
| <b>5</b>        |                                   |                        |                    |
| <b>6</b>        |                                   |                        |                    |

|                 |                                   |                        |                    |
|-----------------|-----------------------------------|------------------------|--------------------|
| <b>Team:</b>    | .....                             | <b>Grade:</b><br>..... | <b>Race #</b><br>o |
| Circle one<br>θ | <b>CLUB</b>                       | <b>RECREATION</b>      |                    |
| <b>Lap</b>      | <b>First Name (Print clearly)</b> | <b>Last Name</b>       | <b>Age</b>         |
| <b>1</b>        |                                   |                        |                    |
| <b>2</b>        |                                   |                        |                    |
| <b>3</b>        |                                   |                        |                    |
| <b>4</b>        |                                   |                        |                    |
| <b>5</b>        |                                   |                        |                    |
| <b>6</b>        |                                   |                        |                    |

Email to [murvic@clear.net.nz](mailto:murvic@clear.net.nz) by 5pm Tuesday 2 May 2006 (for more teams duplicate this form)